



*List any medical conditions that you have on the back of this form.*

## **PATIENT MEDICATION LIST INSTRUCTIONS**

1. **ALWAYS KEEP THIS FORM WITH YOU.** You may want to fold it and keep it in your wallet along with your driver's license so it will be available in case of an emergency.
2. Write down all of the medications you are taking. List all of your allergies and describe the type of reaction you have for each one (examples: rash, itching, wheezing).
3. **ALWAYS WRITE DOWN WHY YOU ARE TAKING EACH MEDICATION** (examples: high cholesterol, high blood sugar, high blood pressure). Also, write down the name of the doctor who told you to take the medication.
4. **WRITE DOWN ALL CHANGES MADE TO YOUR MEDICATIONS** on this form. If you stop taking a certain medication, draw a line through it and write the date it was stopped. If help is needed, ask your Doctor, Nurse, Pharmacist, or family member to help you to **keep it up-to-date**.
5. Take this form to ALL doctor visits, when you go for tests, and ALL hospital visits.
6. When you are discharged from the hospital, someone will talk with you about **WHICH MEDICATIONS TO TAKE AND WHICH MEDICATIONS TO STOP TAKING**. Since many changes are often made after a hospital stay, a new form should be filled out. When you return to your doctor, take your new form with you. This will keep everyone up-to-date on your medications.

### **HOW DOES THIS FORM HELP YOU?**

1. This form helps you and your family members **remember** all of the **medications you are taking** and **why** you are taking them.
2. This form provides your doctor(s) and others with a **current list of ALL of your medications**. Doctors also need to know the herbals, vitamins, and over-the-counter medications you take!
3. This form helps those who take care of you when you go the hospital. **KEEPING AN UP-TO-DATE LIST OF YOUR MEDICATIONS HELPS PREVENT MEDICATION ERRORS.**
4. This form **helps you** - concerns may be found and prevented by knowing what medications **you are taking**. **THE MORE YOU KNOW ABOUT YOUR MEDICATIONS, THE SAFER YOUR HEALTHCARE WILL BE.**